



www.lovedancefitness.com

WINTER 2017 (Effective 1/29/17)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:15-10:00 am Tone it Up w/Zaida		9:30-10:30 am ZUMBA® w/Laura	9:15-10:00 am Tone it Up w/Zaida		8:00-9:00 am Samarai Fight Fitness w/Francisco
9:30-10:30 am ZUMBA® w/Martina	10:00-11:00 am ZUMBA® w/Zaida	10:00-11:00 am ZUMBA® Toning w/Julie		10:00-11:00 am ZUMBA® w/Zaida	10:00-11:00 am ZUMBA® w/Zaida	9:15-10:15 am ZUMBA® w/Martina
<i>Studio can be rented for private parties or events from 12 noon</i>					<i>Studio can be rented for private parties or events from 12 noon</i>	10:30-11:30 am ZUMBA® w/Zaida
		6:30-7:30 pm ZUMBA® w/Zaida	6:30-7:20 pm Tone it Up w/Zaida	6:00-7:00 pm ZUMBA® w/Zaida		<i>Studio can be rented for private parties or events from 12 noon</i>
	7:30-8:30 pm ZUMBA® w/Zaida	7:30-8:30 pm ZUMBA® w/Martina	7:30-8:30 pm ZUMBA® w/Zaida			
				8:00-9:00 pm ZUMBA® w/Martina		



**Zumba • CIZE • Yoga
Body Sculpting • Cardio Kickbox
Kids Dance Fitness**

914-438-1864

**791 Central Park Avenue
Scarsdale
Around back - first floor
PLENTY OF FREE PARKING!**

